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continued

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Assess and Improve Your Supervision Skills

Nancy B. Swigert, MA, CCC-SLP, BCS-S

Moderated by: Amy Natho, MS, CCC-SLP, CEU Administrator, SpeechPathology.com

continued

Need assistance or technical support?

- Call 800-242-5183
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- Must be logged in for full time requirement
- Log in to your account and go to Pending Courses
- Must pass 10-question multiple-choice exam with a score of 80% or higher
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- Two opportunities to pass the exam

continued

Assess and Improve Your Supervision Skills

Nancy B. Swigert, MA, CCC-SLP, BCS-S Swigert & Associates, Inc. Nancyswigert1066@gmail.com



Disclosures

- Financial
 - Nancy received an honorarium for this presentation
- Non-financial
 - Nancy has previously presented on this topic

continued

Learning Outcomes

After this course, participants will be able to:

- Explain how styles and roles of supervisors relate to models of supervision.
- Describe how to complete a self-assessment of skills needed for effective supervision.
- Identify strategies to supervise different levels of students and staff, as related to seven essential supervision skills.
- Describe how to utilize one web-based tool to increase efficiency of supervision.



What we'll cover

- Models of supervision
- Roles of supervisor and supervisee
- Styles of supervision
- Supervising different types of students and staff
- Assessing your own competence
- Seven critical skill areas for supervision
- Why documentation is critical in supervision
- Web-based tools

continued

Your experience as a supervisee: Good and not so good

- Think about one positive experience you had when being supervised
- Think about one not so positive experience you had when being supervised

As we go through the course, think about what skill the supervisor exhibited (or failed to exhibit)

ASSESS AND IMPROVE YOUR SUPERVISION SKILLS

NE POSITIVE EXPERIENCE I HAD AS A SUPERVISEI

ONE NOT SO POSITIVE EXPERIENCE I HAD AS A SUPERVISEE:





Why the course is called....

- Assess and Improve Your Supervision Skills
- Assess your skills related to different students and staff you supervise

continued

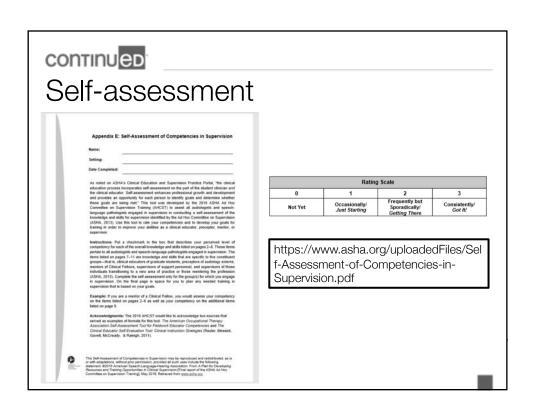
Who do you supervise?

- Other professional staff
 - SLPs
 - AUDs
 - Other disciplines?
- CFs
- Graduate students
- Undergraduate "observers"
- Non-clinical staff

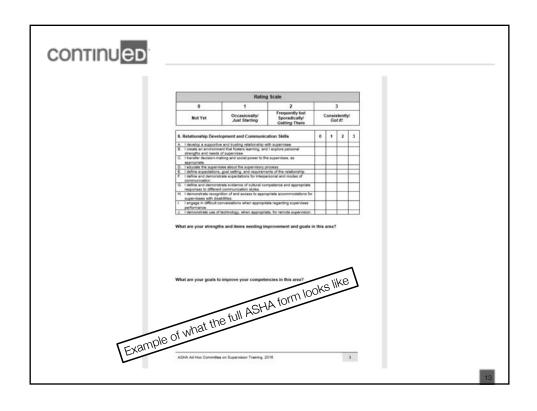


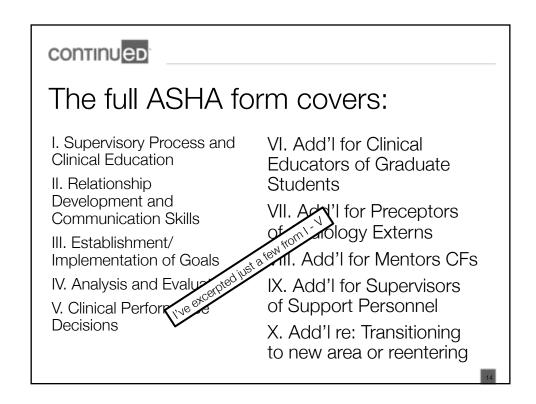
Assessing your competence

- ASHA has developed a comprehensive document about supervisory competence related to *clinical* supervision
- We'll use portions of that form throughout this webinar
- We'll be discussing not just clinical supervision, but supervision of different students and staff related to clinical and non-clinical skills

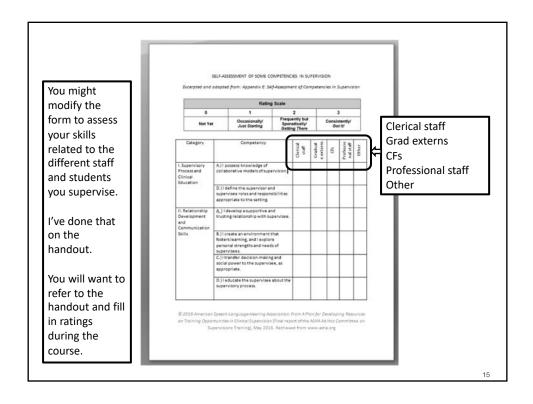


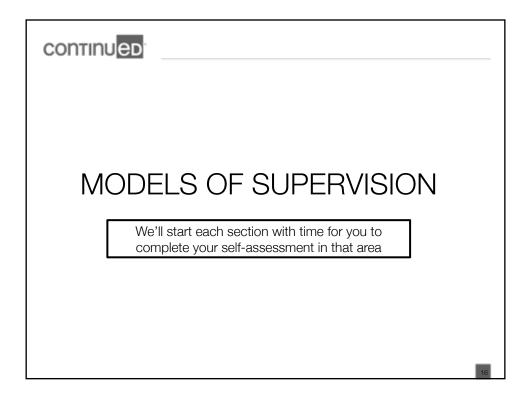














Self-Assessment Models of Supervision

I A.) I possess knowledge of collaborative models of supervision.

SELF-ASSESSMENT OF SOME COMPETENCIES IN SUPERVISION

Excerpted and adapted from: Appendix E: Self-Assessment of Competencies in Supervision

	Rating	g Scale	
0	1	2	3
Not Yet	Occasionally/ Just Starting	Frequently but Sporadically/ Getting There	Consistently/ Got It!

Category	Competency	Clerical	Graduate	CFs	Professio nal staff	Other
I. Supervisory Process and Clinical Education	A.) I possess knowledge of collaborative models of supervision.					

continued

Many, many models of supervision

- Developmental Models
- Discrimination Model
- Orientation Specific Models
- Supervisory Alliance Model
- Interactional supervision

- Peer
- Administrative
- Restorative/supportive
- Normative/managerial
- Formative/educative



And a few more models of supervision

- Directive Supervision: Supervisor's role is to inform, direct, model and assess employees' competencies
- Nondirective supervision: The supervisor's role is to listen, be nonjudgmental, and provide selfawareness and clarification experiences for employees
- Collaborative Supervision: The supervisor's role is to guide the problem-solving process, be an active member of the interaction, and keep the employees focused on their common problems
 - Inherent in that is to gradually place more responsibility on the supervisee

continued

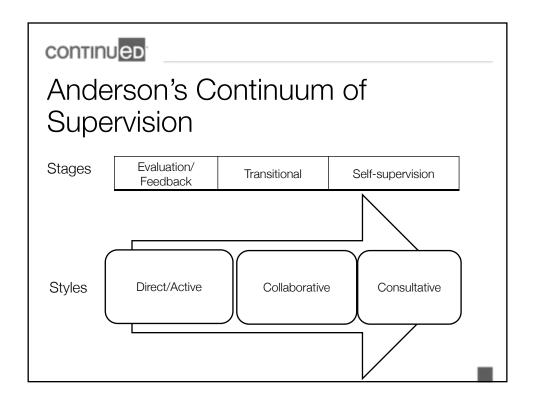
Might you use a different model with non-SLP staff?

- Directive Supervision: Supervisor's role is to inform, direct, model and assess employees' competencies
- Nondirective supervision: The supervisor's role is to listen, be nonjudgmental, and provide selfawareness and clarification experiences for employees
- Collaborative Supervision:
 The supervisor's role is to guide the problem-solving process, be an active member of the interaction, and keep the employees focused on their common problems
 - Inherent in that is to gradually place more responsibility on the supervisee



Let's just touch on one model that incorporates collaboration on a continuum: Anderson's model

- Often mentioned in CSD literature
- More information can be found in:
 - The Supervisory Process in Speech Language Pathology and Audiology
 - By: Elizabeth McCrea and Judith Brasseur
 - Allyn & Bacon





ROLES OF SUPERVISORS & SUPERVISEES

continued

Self Assessment Roles

- I D
- I define the supervisor and supervisee roles and responsibilities appropriate to the setting.
- II E
- I define expectations, goal setting, and requirements of the relationship



You may rate yourself differently according to who you are supervising:

- Clerical staff
- Graduate externs
- CFs
- Professional staff
- Who else?

continued

Roles of supervisor: What does each mean to you?

- Coach
- Motivator
- Facilitator
- Conflict manager
- Counselor
- Discipliner
- Organizer
- Educator

- Planner
- Controller
- What other roles do you see?



Roles specific to mentoring a CF

- Provide meaningful mentoring and feedback to the clinical fellow.
- Assist the clinical fellow in developing independent clinical skills.

continued

What is the supervisee's responsibility?

- Being receptive to supervision
- Preparing for supervisory meetings
- Creating a learning partnership with the supervisor
- Applying what you've learned
- Monitoring and evaluating their own work
- Reflecting on your work



SUPERVISORY STYLES

continued

Self-Assessment Supervisory style

- II C
- I transfer decision-making and social power to the supervisee, as appropriate.
- II D
- I educate the supervisee about the supervisory process.
- III F
- I adjust supervisory style based on level and needs of supervisee.



Many ways to describe supervisory style

Autocratic

- Laissez-faire
- Bureaucratic
- People/relationship
- Democratic/Participative
- oriented
- Task oriented

You might see these same terms used to describe leadership styles

(Knudsen et al 2003)

continued

Each style

- Has a different impact
- Dictated by traits and beliefs
- Where do you see your style?
- Combination of styles?



Relationship of the model(s) you use and your style

- As we talk about "styles" of supervision, think about how each might relate to the model of supervision used
- Directive Supervision
- Nondirective supervision
- Collaborative

continued

Autocratic/authoritarian

Impact

 May lead to high turnover and absenteeism



Traits and beliefs

- Staff need constant attention since they are undependable and immature
- They cannot be trusted and must be checked frequently
- There are few opportunities for suggestions by staff to be integrated



Bureaucratic

Impact

 May lead to demoralized staff



Traits and beliefs

- Staff must follow strict procedures or exact compliance
- High control is usually present and staff have little input to change procedures

continued

Democratic/participative

Impact

- Increases job satisfaction
- Develops staff skills
- Motivation is usually high



Traits and beliefs

- Staff involved in decisions but supervisor usually makes the final determination
- Supervisee feels in control
- Process may take longer but quality is usually more essential then speed



Laissez-faire

Impact

Can lead to insufficient control



Traits and beliefs

- Staff is given high freedom but supervisor may need to monitor progress to be effective
- Best used with experienced and skilled staff

continued

People/relationship oriented

Impact

 If carried to extreme confronting staff is avoided



Traits and beliefs

- Supervisor uses a friendship-like relationship and tries to create harmony between staff
- Best when combined with participative style



Task-oriented

Impact

- May have flaws of autocratic leadership
- Motivating and retaining staff is difficult



Traits and beliefs

- Supervisor focuses on getting the task done
- Flaws similar to autocratic style
- Roles, structure and plan is defined with little thought to impact of staff
- Staffs' well-being may not be the priority.

continued

Talk about your style with the supervisee

- Let the supervisee know:
 - How you like to receive information
 - When it's the best time to come to you with questions/problems
 - How and when you are likely to respond
 - How you usually give feedback
- Discuss this with the supervisee to see how your style and theirs can be accommodated



Think through your expectations

Adapted from: Supervision Matters by Rita Sever

- How do you see your role as a supervisor?
- How do you see their role as supervisee?
- How do you expect people to prepare for their 1:1 meetings?
 - How often will those be held?
 - What's the format?

- How do you expect people to handle conflict?
- What should the supervisee bring to you directly?
- What should they do if they make a mistake?
- What are your deal breakers?
 - What actions will not be tolerated?

continued

SEVEN ESSENTIAL SKILLS FOR SUPERVISION



Seven essential supervision skills

- Communicating
- Relationship building
- Setting goals
- Assessing performance
- Providing feedback
- Guiding change in behavior
- Managing conflict

There are certainly other essential skills. This list is not comprehensive

continued

Communicating

#1



Self-Assessment Communicating

- II G
- I define and demonstrate evidence of cultural competence and appropriate responses to different communication styles.

continued

We're communication specialists!

- So, can we actually improve our communication skills with those we supervise?
 - Yes!



Are you hearing or listening?

- Active listening –actively trying to understand what the other person is saying
 - Not just hearing the words
- Ten steps to help you improve your listening skills
 - Rate yourself on each of these

You can use the extra handout to more easily fill this one out

TEN STEPS TO IMPROVE YOUR LISTENING SKILLS

Rating	NAME AND THE PROPERTY AND THE ARE
	Show attentiveness by facing the speaker directly
	Show interest by maintaining eye contact
	Avoid pre-judging worthiness of message based on appearance, position, vocabulary, pronunciation
	Listen for the speaker's intent and what is important to him/her
	Avoid tuning out to prepare your response while the other person is speaking
	Ask questions to clarify speaker's meaning
	Avoid interrupting the speaker
	Encourage the speaker by smiling or nodding
	Before answering, pause and consider the speaker's viewpoint so you can be tactful
	Avoid trying to have the last word

Not often	Sometimes	Mostly	Always
1	2	3	4

continued

Active listening

- Show attentiveness by facing the speaker directly
- Show interest by maintaining eye contact
- Avoid pre-judging worthiness of message based on appearance, position, vocabulary, pronunciation
- Listen for the speaker's intent and what is important to him/her

Not often	Sometimes	Mostly	Always
1	2	3	4



Active listening

- Avoid tuning out to prepare your response while the other person is speaking
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- Avoid trying to have the last word

Not often	Sometimes	Mostly	Always
1	2	3	4

continued

Some communication traps to avoid:

Adapted from: Supervision Matters by Severs

- The Confusion Trap
- Start the conversation with a simple statement of the reason for the conversation
- I'd like to talk with you about the timeliness of your documentation



Communication Traps

- The Vagueness Trap
- Come prepared with answers to basic questions of who, what, when, where, why and how
- The lecture trap
- Be clear and concise and resist urge to explain too much
- Give pertinent but not irrelevant information

continued

Communication Traps

- The leave-themguessing trap
- Clearly state what is negotiable and what isn't
- Be clear if you are issuing a directive or seeking input
- The Closed-Door Trap
- Even if delivering a directive, you can still listen to reactions and concerns



Some helpful phrases:

- Let me think about it and get back to you
- Sometimes what is proposed sounds okay, but maybe you aren't thinking of everything
- Remind me to talk to you about this the next time we meet
- When you see a supervisee say or do something that was not quite right, but doesn't require immediate intervention
 - Also handy if a topic comes up at the end of a meeting and you are out of time

continued

Some helpful phrases:

- Tell me more
- You hear something you find a little hard to believe...
- Or you suspect there is more to the story
- Anything else?
- When you meet with supervisee and you get the feeling they are trying to tell you something, but you don't know what it is



Some helpful phrases:

- So how many different ways to you see to get from here to there?
- Use this to encourage supervisee to generate ideas
- This is not an openended question, but sets the stage for the next one
- What do you see as the pros and cons of each?
- This helps the supervisee learn to critically evaluate options
- After the project/session/issue is resolved:
- So how do you think it went?

continued

Some helpful phrases:

- If you did know, how would you handle it?
- Use when you ask supervisee to propose a solution
- Their initial reaction is "I don't know"
- That's not okay
- When you need to let a supervisee know that a line has been crossed
- Draws the line without shaming or punishing



The power of the pause



continued

Times the pause will come in handy

- A supervisee does something you don't understand
- You feel your buttons are being pushed
- When things are ambiguous12
- When you have to apologize, put a pause between the "I'm sorry" and the reason
- When you need more information to make a decision



Tips to improve communication

Problem words/phrases

- Should
- Always/never
- Lazy, bad attitude, defensive, etc.

Good alternatives

- Could or Would
- Often/generally/rarely
- Describe the person's behavior

continued

Tips to improve communication

YOU comment

- You need to spend more time checking these reports
- You shouldn't be doing that
- You're wrong

I or My comment

- I am concerned about the number of errors in your work
- I prefer for that not to be done again
- I don't agree OR
- That hasn't been my experience



Relationship building #2

continued

Self-Assessment Relationship Building

- II A
- I develop a supportive and trusting relationship with supervisee.



How do you view your department, practice, group?

- As a family?
- As a team?
- Describing a work environment as a family can have some unintended consequences:
 - Inappropriate behaviors (e.g. treating a co-worker like a sister)
 - Lack of boundaries
 - Alliances and cliques
 - Sets the supervisor up as "parent"

continued

Problems with supervisor being viewed as "the parent"

- You have all the answers
- You set limits
- You offer rewards and punishment
- You take care of everyone
- Staff may vie to be the favorite child



Using a team model

- Each member clear on the goal of the game (goal of the practice, goal of the session)
- Each member knows their job
- Staff back each other up
- Each member uses his or her skills to help the team
- There is a captain of the team who sets strategies and assigns jobs, but does not make every decision on the field (The supervisor is the captain)

continued

Relationship building

- What challenges have you faced in building relationships?
 - Generational differences?
 - Cultural differences?
 - Communication styles?
 - Personality types?
 - Other?



Building relationships can differ according to your audience

- There are many ways to describe different personality types
- Understanding the types of personalities and what they need will help you communicate with them effectively

continued

Personality types

Style	Traits	Needs
FORCEFUL	Confident, bold, opinionated	Control, status, task accomplishment, directness
SOCIAL	Likable, persuasive, outgoing, optimistic	Involvement with other people, to talk, to be liked
STEADY	Controlled, patient, conscientious, pleasant	Well-defined structure/procedures, stability, ample time to change
DETAILED	Accurate, logical, quality-focused	Specific facts, attention to detail, time to analyze and think, task orientation

Adapted from: Taking the Step Up to Supervisor (Nichols)



How to handle each type?

TYPE	Adjusting your communication style
FORCEFUL	Come to point quickly. Be brief. Offer alternatives on how to complete a task in quickest way. Use I and My
SOCIAL	Smile. Ask for their help. Be brief. Ask their opinion and allow time for them to talk. Use their name and You. Set deadlines.
STEADY	Smile. Ask for their help. Give details. Ask for their suggestions. Set follow up meeting – to give them time to think. Give specific procedures or ask them to develop.
DETAILED	Focus on the task. Give details of procedures and performance standards. Encourage them to make improvements. Give them time to explain in detail. Ask questions. Set deadlines. Encourage them not to get bogged down in detail.

continued

Building relationships in a team model

Adapted from: Supervision Matters by Rita Sever

- Enter names of supervisee on weekly or monthly calendar.
 Put a check every time you find a sincere way to appreciate them
- Set aside a specific time each week to write a note to a staff member thanking them for something they did that impacted the practice
- On a special holiday or event (like their work anniversary) send a note to their home telling them how much they contribute to their practice



Building relationships in a team model

- Make a note of birthdays and send cards or celebrate in another way
- Send an email or voice mail after hours or over weekend just to say thanks
- When you say goodnight at end of a busy day, say "Thank you for your work today"
- Celebrate success

continued

Mistakes to avoid in relationship building: Favorites

- Of course you probably do have a favorite
- The staff member who:
 - meets or exceeds all your expectations
 - is easy to deal with
 - gets along with other members of your team
- BUT you shouldn't let others know you have a favorite



Mistakes to avoid in relationship building: One of the gang

- Trying to be "one of the gang"
 - What do you do with your team?
 - Where do you draw the line?

continued

Setting goals #3



Self-Assessment Setting Goals

- II B
- I create an environment that fosters learning, and I explore personal strengths and needs of supervisees.

continued

Goals and Assessing Performance

- Supervisees are assessed on their performance
- Part of the assessment is whether goals were met
 - Goals for the department/practice/team
 - Personal improvement goals
- The goals for the department/practice/team should be made clear
 - And employees involved in setting those goals to the extent possible
- The personal/individual goals for improvement should be established collaboratively



Goals or expectations?

- Goals for the department/practice/team are actually the expectations of the job
- These expectations should be clearly stated
- The job description should guide this discussion
- Give concrete examples of the expectations
 - "Complete documentation in a timely way" might be the wording in the job description
 - What exactly does that mean

Setting individual SMART goals

SPECIFIC: Define the goal as much as possible
Who, What, Where, When, Which and Why

MEASURABLE: Can you track progress and measure the outcome?
Both long term and short term goals should be measurable

ATTAINABLE: Also called Actionable or Achievable
Goal should not be out of reach

REALISTIC: Also called Relevant
Consider the prognosis and level of commitment

Timely: The goal should include a time limit
The time frame for the goal should keep progress moving



SMART goals – a new concept?

- The term SMART was first used by George Doran in a 1981 issue of Management Review as a mnemonic to define how company goals should be written.
- Peter Drucker, Management guru, also used in his approach: Management by Objectives (1981)

continued

SMART: Specific

Who: Who is involved?

What: What do I want to accomplish?

Where: Identify a location.

• When: Establish a time frame.

• Which: Identify requirements and constraints.

• Why: Specific reasons, purpose or benefits of

accomplishing the goal.



SMART

Goal without specifics

CF will be more timely with paperwork.

Specific goal

CF will submit an electronic draft of progress note within 30 minutes of conclusion of visit for all treatment sessions so that the supervisor can provide feedback.

continued

SMART

Goal without specifics

CF will be more timely with paperwork.

WHO

Specific goal

CF will submit an electronic draft of progress note within 30 minutes of conclusion of visit for all treatment sessions so that the supervisor can provide feedback.



SMART

Goal without specifics

CF will be more timely with paperwork.

WHAT

Specific goal

CF will submit an electronic draft of progress note within 30 minutes of conclusion of visit for all treatment sessions so that the supervisor can provide feedback.

continued

SMART

Goal without specifics

CF will be more timely with paperwork.

LOCATION

Specific goal

CF will submit an electronic draft of progress note within 30 minutes of conclusion of visit for all treatment sessions so that the supervisor can provide feedback.



SMART

Goal without specifics

CF will be more timely with paperwork.

WHEN

Specific goal

CF will submit an electronic draft of progress note within 30 minutes of conclusion of visit for all treatment sessions so that the supervisor can provide feedback.

continued

SMART

Goal without specifics

CF will be more timely with paperwork.



Specific goal

CF will submit an electronic draft of progress note within 30 minutes of conclusion of visit for all treatment sessions so that the supervisor can provide feedback.



SMART

Goal without specifics

CF will be more timely with paperwork.

WHY

Specific goal

CF will submit an electronic draft of progress note within 30 minutes of conclusion of visit for all treatment sessions so that the supervisor can provide feedback.

continued

SMART: Measurable

- FROM and TO
- Must have tangible criteria for measuring progress and success
- To determine if a goal is measurable ask:
 - How much?
 - How many?



SMART: Attainable (Actionable, Achievable)

- HOW
- Is the goal reasonable enough that it can be achieved?
- Setting a reasonable prognosis

continued

SMART: Relevant or Realistic

- WORTHWHILE
- Is this goal relevant to the CF? Is it worth the CF's time and effort to work on this goal?



SMART: Timely or Time-bound

- WHEN?
- When we develop a treatment plan, we include long term and short term goals
 - Each should have a time in which it is expected to be achieved.
- When we develop goals for a supervisee, they should also be time-bound.

continued

Assessing Performance #4



Self-Assessment Assessing Performance

- III C
- I observe sessions, and I collect and interpret data with the supervisee
- V G
- I identify issues of concern about supervisee performance

continued

What is assessed will vary

- According to who is being supervised
 - Professional staff?
 - CF?
 - Graduate externs
 - Non-clinical staff



Employees

 Regardless of the type of supervisee, if the person is employed by the facility/practice, there are specific expectations that need to be met

continued

Team skills vs. technical/clinical skills

Team skills

- Be respectful of others
- Collaborate
- Be on time
- Come to work when scheduled
- Help others without having to be told

Technical/clinical skills

- Skills specific to the job
- Clinical SLP skills should be well-defined



Collecting and using data to assess performance

- Whether you are assessing "team" or "technical/clinical" skills, you should have data to back up your conclusions
- Document your observations
 - Carry a small notebook
 - Use your "Notes" section in your phone
 - Date and time your notes

continued

Observation and data from clinical sessions

- Observe graduate externs, CFs and other professional staff
- Observations should not stop when a SLP gets the CCC



Observing and collecting data when mentoring a CF

- Conduct the required minimum mentoring obligations
 - 6 hours direct/segment
 - 6 hours indirect/segment
- Perform ongoing formal evaluations, using the <u>Clinical Fellowship Skills</u> <u>Inventory</u> [PDF].
- Complete and submit the <u>Clinical Fellowship</u> <u>Report and Rating Form</u> [PDF] to the ASHA National Office no later than 4 weeks after the CF is completed.

Clinical Fellow:			Supervisor:								
Start date:		Projected completion date:									
Segment#1from: to:			Segment#2from:		10:		Segment#3from:		to:		
Direct		1	ndirect	Direct		Indirect		Direct		Indirect	
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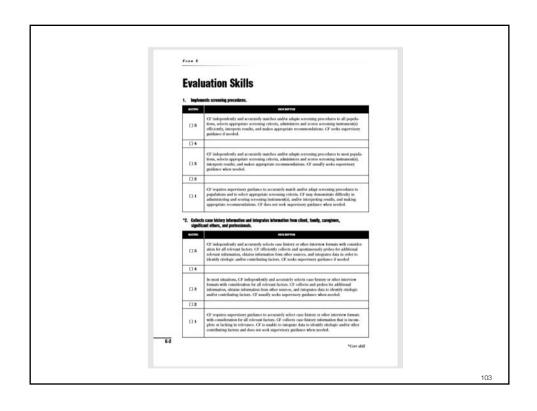


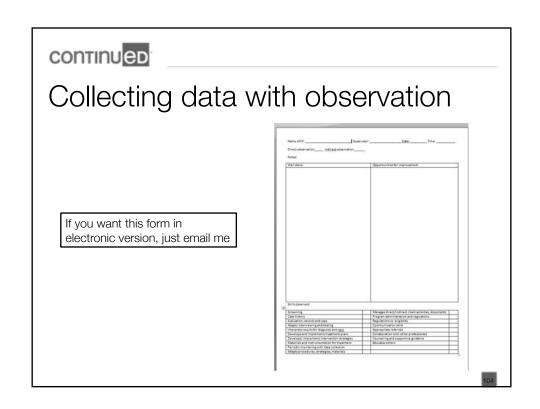
Observing and collecting data when mentoring a CF

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Observing and collecting data when mentoring a CF

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 - 6 hours indirect/segment
- Perform ongoing formal evaluations, using the <u>Clinical</u> <u>Fellowship Skills</u> <u>Inventory</u> [PDF].
- Complete and submit the <u>Clinical Fellowship</u> <u>Report and Rating</u> <u>Form</u> [PDF] to the ASHA National Office no later than 4 weeks after the CF is completed.

SLP C	Sinical Fellow's Name		please print)	
		rt Instructions for the SLPCF Ment		
◆ Rate	the clinical fellow on 18 skills, using	n skill. See the Clinical Fellowship Skills In the NIA (Not Applicable) rating only for si	ventory for a desc olls 13 and 18.	ription of each skill.
➤ Disc ➤ Ensu	uss the ratings with the SLP Clinical ure each segment is equal to one-thi	Fellow. rd of the CF experience. "The core skill	s for SLP are 2	5, 8-11, and 14-17.
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	18 5 4 3 2 1 NA	15 5 4 3 2 1 NA	18	5 4 3 2 1 NA
	SLPCF Montor's Signature:	SLPCF Mentor's Signature	SLPCF Me	inter's Signature:
	Clinical Fellow's Signature:	Clinical Fellow's Signature:	Clinical Fo	illow's Signature:
	Data of Feedback Session:	Date of Feedback Session:	Date of Fa	edisch Session:
Section	on 7. SLPCF Mentor's Recomm	mendations and Verification of Info	cmation	
D Yes	D No I recommend that the SLF	CF experience documented on this form by	sociepted by the C	CFCC as meeting the
	requirements for the CCC	-SLP. (If No. affach a retionale and docume	ntation for your as	ewec)
D.Yee	No I affirm that there were at	lead 12 supervisory activities during each direct client contact and 6 other mentoring a	segment of the SU	PCF, including 6 hours of
D.Yee	D No I affirm that afternative me	ethods of observation/manforing activities activities were used, prior approval was obtain	were not used, of a	demative melbods of
Section	on B. Signatures of SLPCF Me	entor and SLP Clinical Fellow		
We, the	s SLPCF Mentor and the SLP Clinical atton was current throughout the CF not related in any manner.	entor and SLP Clinical Fellow Felice, verify that we have discussed this r expensess. We verify that we have comple	sport. We have ver led the required ex	ffed that the mentor's squattons. We further verify that
	re of SLPCF Wester			Date
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Observing and assessing nonclinical staff

- Observe and assess for "team" skills
- Observing and assessing "technical" skills may be more challenging
 - You won't necessarily possess expertise in those technical skills
 - E.g. accounting, web design, scheduling

continued

Providing feedback #5



Self-Assessment Providing Feedback

- || |
- I engage in difficult conversations when appropriate regarding supervisee's performance.
- III D
- I give the supervisee objective feedback to motivate and improve performance.
- V E
- I provide guidance regarding both effective and ineffective performance

continued

Giving feedback to supervisees

- Be very specific
 - Keith, I'd like to talk with you about your most recent diagnostic reports
 - Rashon, I'd like to talk with you about the percent of appointments you are calling with reminders



Giving feedback to supervisees

- Deal with it in a timely way
- Don't wait for a quarterly review
 - Let's go over this week's accounts receivable report
 - Let's spend a minute or two right now summarizing how that session went



continued

Giving feedback to supervisees

Make it one-on-one NEVER publicly criticize

Juanita, can I see you for a minute?

Look for an opportunity to catch the supervisee when no one else is around





Giving feedback to supervisees

- Focus on performance, not personality
 - You used a lot of activities that allowed the client to engage and move around NOT You're such a bubbly personality
 - Your treatment notes are difficult for me to read NOT You are very sloppy
 - This goes for positive as well as negative feedback

continued

Giving feedback to supervisees

End on a positive note I appreciate your coming up with specific action steps to address the issue

There are different trains of thought on whether you should use this strategy with low performers





Document feedback

- Date and time the observation
- Date and time when the feedback was given
- Make it factual
- Avoid describing "personality", instead describe behaviors

continued

Dealing with low performers

- How they might react:
 - Blame others for low performance
 - Point the finger at you, claiming you haven't given them proper training or tools
 - Unload some personal problem with aim of playing on your sympathies and diverting attention from their low performance
 - Studer, 2008





Documenting conversations with low performers

- Describe what has been observed.
 - Be specific about what is not meeting your expectations
- Evaluate how you feel.
 - More on how to do that ... I/you
- Show what needs to be done.
 - Work 1:1 with the individual to show them what needs to change
- Know what the consequences are
 - Supervisee needs to know what will happen if expectations not met
 - Studer from Results that Last (2008)



Guiding change in behavior #6



Self-Assessment Guiding Change in Behavior

- IV A
- I examine collected data and observation notes to identify patterns of behavior and targets for improvement.

continued

Refer to the expectations and goals

- Be specific about which expectations and goals are not being met
- Use the documentation from your observations



Documenting observations

Too general/judgmental

- Natalie has developed a bad attitude
- Anika is careless with her paperwork

Descriptive

- In the last week, Natalie has been late to start her OP sessions 3 of the 10 scheduled appointments and when asked about it, answers in a sarcastic tone
- The last three diagnostic reports have contained errors (e.g wrong patient name on report; dates incorrect)

continued

Changing behavior is the responsibility of the supervisee

- Supervisor's role is to:
 - Offer choices
 - Make suggestions
 - Provide training and re-education
 - Provide resources
 - Provide encouragement



Keys to changing behavior

- Clearly outline what needs to change
 - Share examples from your documentation
- State clearly what you expect
- Ask the supervisee for ideas about how the changes can be made
 - Stay focused on the supervisee's behavior
- Set specific timelines for achieving the change
 - How will success be measured?
 - Behavior observed one time?
 Consistently over a period of time?





Follow up

- Set a time frame for the next meeting
 - Base this on what needs to change and how long it will take to assess (e.g. do you need to see 1 more diagnostic evaluation? 5?)
- Document in preparation for the meeting
- Know what your next steps are if the supervisee has not made the expected changes



Managing conflict #7

continued

Handling conflicts

- With subordinates who were once peers
 - Can be particularly challenging to move into a supervisory role and supervise staff who were once your peers
- Between supervisees



Subordinates who were peers

- Former peers may now view you as one of "them" and no longer one of "us" and may not be comfortable talking openly with you
- Some may think they were better qualified to assume the supervisory role
- If you had minor disagreements when you were peers, may be viewed differently by the subordinate since you know have more power as a supervisor

continued

Handling conflict with former peers

- Talk with them directly to ask if they have a problem
- Express your understanding of their feelings
- Minimize your position of having power over them
 - Use phrases like "working together"
- Ask for opinions about changes that can be made
- Counsel them about changing their specific behaviors



Handling conflicts between subordinates

- Document the problem behavior
- Meet with each person individually
 - Ask for their view of the problem
- Meet with them together
 - Problem solving meeting
 - You state what each person's view is and then let them clarify
 - Let them state their feelings and beliefs
 - All solutions mutually agreed on
- Follow up once or twice with each person

continued

TOOLS AND TECHNOLOGY



Self-Assessment Technology

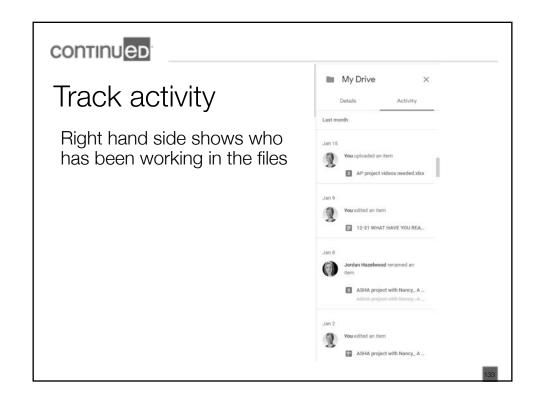
- II J
- I demonstrate use of technology, when appropriate, for remote supervision.

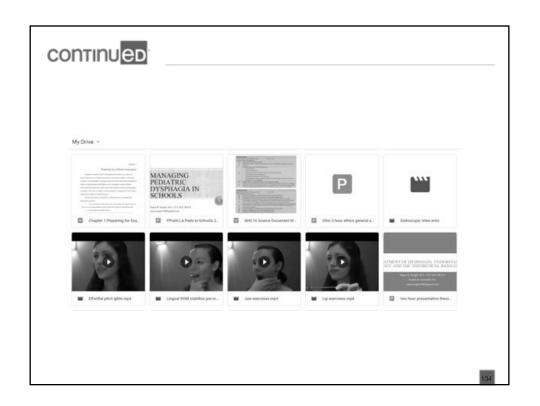
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Using Google Drive

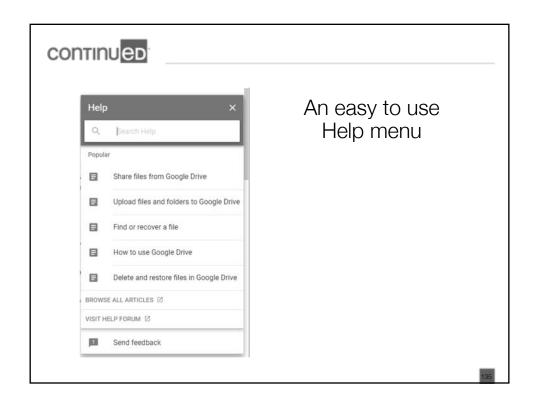
- Store information that can be accessed again and again by anyone
 - Research articles
 - Practice policies
 - Forms
 - Observation notes
 - Time sheets

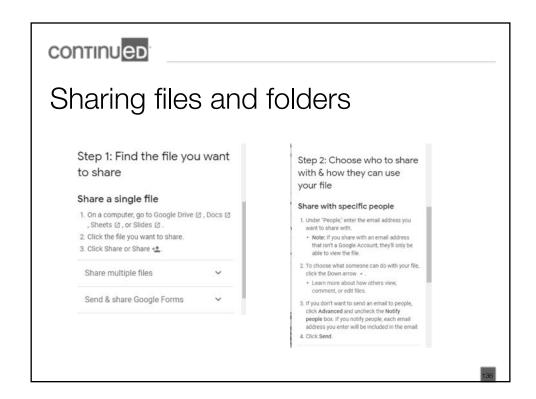




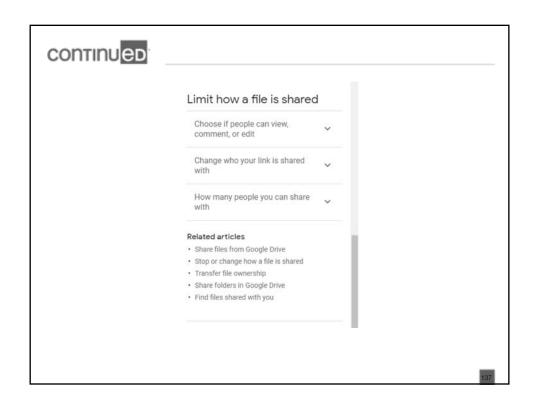






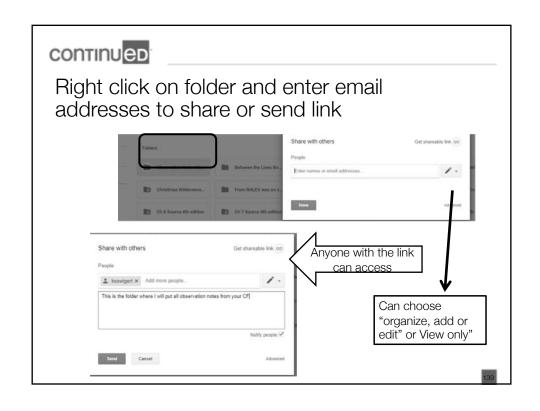


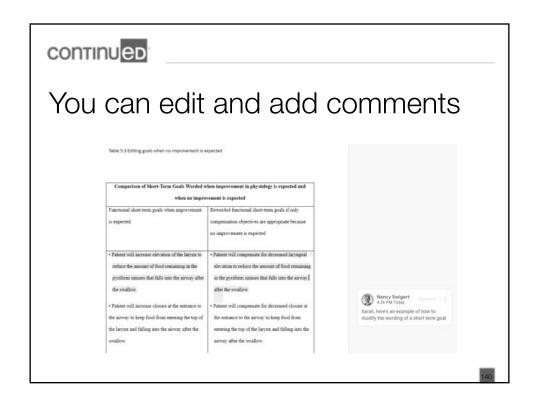




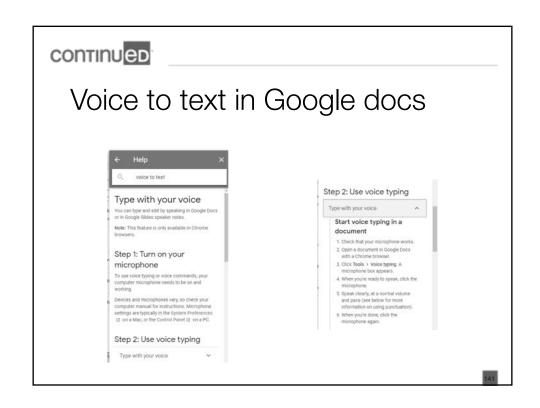


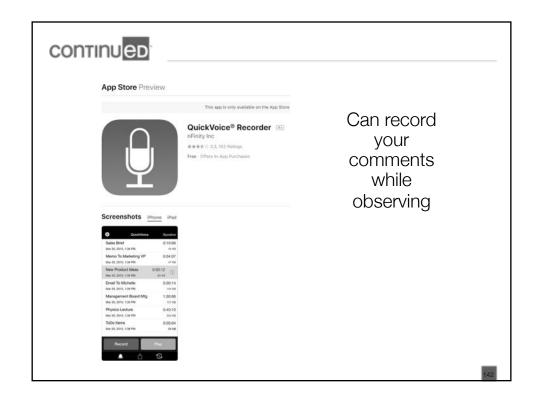




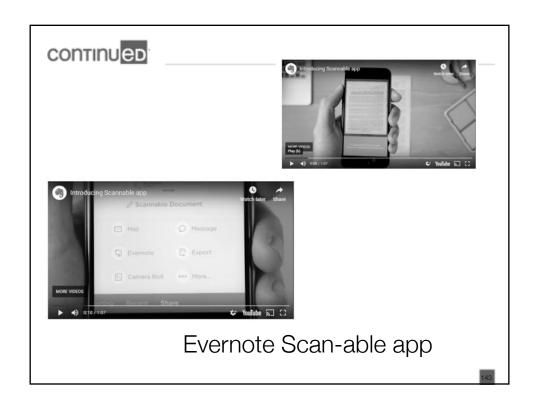


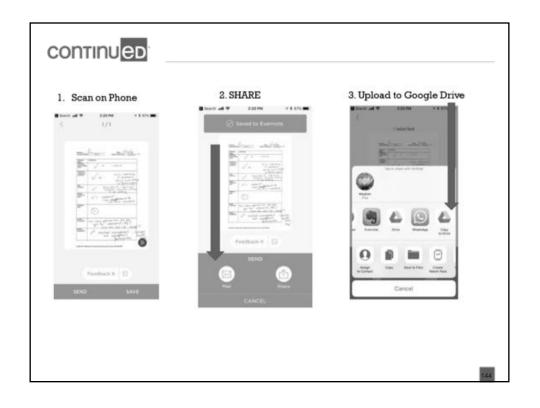














Screencastify from Chrome



- Video part of a session and then narrate your comments
- Record a Powerpoint and narrate a few slides to educate the student
- Can share on Google Drive

continued

Good ways to gain more information on supervision

