

Oral Care Checklist

Patient Name: _____

Daily Care

AM	PM	TASK
		For dentate patients: Brush – use electric toothbrush for teeth and tongue
		Sponge swab for mucosa (cheeks, lips)
	----	Floss – use flossers once/day
		Peridex – for patients with inflamed gums OR Crest ProHealth – (alcohol-free) for patients with dry mouth
		Saliva substitute – for patients with dry mouth
		Care for Dentures/Partials: Use denture brush, ultrasonic cleaner to clean prostheses
		Have patients rinse (without prostheses) as indicated above

Weekly Assessment

Monday	TASK
-----	Take a good look in the mouth! Palpate (feel) lips and cheeks with fingers!
	Holes in teeth (cavities)
	Red, swollen gums, bad breath (gum disease, denture stomatitis)
	Redness, cracking at corners of mouth (especially for denture patients)
	Sores, lumps
	Note suspicious items on referral form and submit to nurse supervisor
	Inventory supplies and restock Make note of supplies needed and request nurse supervisor to order

Written Comments:

(presence of fever, patient/caregiver complaints, resistive behaviors, compliance tips)

Staff Member: _____

References

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Appendix

Forms Used to Document Oral Care for the Nursing Home Patient

Nursing Home Staff Oral Care Instructions

CNA'S	NURSE SUPERVISORS
<ul style="list-style-type: none"> * Attend Inservice to be provided by speech pathologist/dental hygienist. * Instruct patients and caregivers – enlist their assistance. 	<ul style="list-style-type: none"> * Attend Inservice to be provided by speech pathologist/dental hygienist. * Make sure staff attends. * With new staff, schedule another inservice or provide information to them directly.
<ul style="list-style-type: none"> * Be knowledgeable about the inventory system. * When running low, ask for order to be placed. * Supplies needed in inventory: <ul style="list-style-type: none"> • Gloves/masks • Electric toothbrushes (Crest Spin Brushes®) • Denture brushes and containers • Denture cleansers • Sponge swabs • Disposable flossers • Peridex® (chlorhexidine gluconate) • Crest Pro-Health® • Saliva substitute. 	<ul style="list-style-type: none"> * Develop an inventory system for oral care supplies. * Make sure supplies are ordered in a timely fashion. * Make sure supplies are easily accessible to staff.
Provide oral care for pts 2X/day: <ul style="list-style-type: none"> • morning after breakfast • at night before bed. 	Develop a timeline for staff to follow for oral care 2 times/day.
Oral Care Regimen for dentate patients: <u>Mechanical:</u> <ul style="list-style-type: none"> • Brushing – use electric toothbrush for teeth and tongue • Sponge swab for mucosa (cheeks, lips) • Flossing – use flossers once/day. <u>Rinsing:</u> <ul style="list-style-type: none"> • Peridex – for patients with inflamed gums • Crest ProHealth – (alcohol-free) for patients with dry mouth • Saliva substitute – for patients with dry mouth. 	<ul style="list-style-type: none"> * Divide patients and assign ____ (number of patients) patients per staff member. * Have assigned staff check off tasks as completed during the day (see checklist). * Copy checklists for each patient and provide to staff daily.
Care for Dentures/Partials: <u>Mechanical:</u> Use denture brush to clean prostheses. Place in ultrasonic cleaner with solution for 10 minutes. <u>Rinsing:</u> Have patients rinse (without prostheses) as indicated above.	<ul style="list-style-type: none"> * Obtain ultrasonic cleaner and solution for the purpose of cleaning dental prostheses.
Oral assessment – weekly * Take a good look in the mouth, palpate lips and cheeks with fingers to assess for the following: <ul style="list-style-type: none"> • Holes in teeth (cavities) • Red, swollen gums, bad breath (gum disease, denture stomatitis) • Redness, cracking at corners of mouth (especially denture patients) • Sores, lumps. 	<ul style="list-style-type: none"> * Develop a timeline (a specific day) for staff to follow for oral assessment once/week. * Keep copies of referral forms available for staff.
If you see suspicious area, complete referral form and submit to nurse supervisor.	<ul style="list-style-type: none"> * Develop relationship with dentist/dental hygienist who can visit NH to examine/treat patients regularly.