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| <p style="text-align: center;"><b>EVIDENCE BASED ASSESSMENT METHODS FOR<br/>ADULT SOCIAL SKILLS</b></p> |
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1. NATURALISTIC OBSERVATION
2. MOTIVATION ASSESSMENTS (I.E., COMMUNICATION MOTIVATION)
3. KNOWLEDGE ASSESSMENTS
4. SELF-REPORT
  - 4.1. Communication Flexibility Scale (CFS) (*Martin and Rubin, 1990*)
  - 4.2. Communication Functions Questionnaire (CFQ) (*Worthington and Graham 1990*)
  - 4.3. Communicative Adaptability Scale (CAS) (*Duran 1983*).
  - 4.4. Conversational Appropriateness and Effectiveness (CAE) (*Spitzberg, 1990*)
  - 4.5. Conversational Skills Rating Scale (CSRS) (*Spitzberg, 1995*)
  - 4.6. Interpersonal Communication Competence Scale (ICCS) (*Rubin & Martin, 1995*)
  - 4.7. Interpersonal Competence Questionnaire (ICQ) (*Buhrmester, 1988*)
  - 4.8. Social Performance Survey Schedule (SPSS) (*Lowe, 1982, 1985; Lowe & Cautela, 1978*).
  - 4.9. Social Skills Inventory (*Riggio, 1986*)
5. ROLE-PLAY AND SCENARIO METHODS
  - 5.1. Simulated Social Interaction Test (SSIT) (*Curran 1982*)

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## **Resources: Books/Authors/Links**

[Social Skills for Adults and Teens with Asperger Syndrome: A Practical Guide to Day-to-Day Life](#) (Nancy J Patrick)

[Messages: The Communication Skills Book](#) (Matthew McKay et al.)

[Navigating the Social World: A Curriculum for Individuals with Asperger's Syndrome, High-Functioning Autism, and Related Disorders](#) (Jeanette McAfee)

[Beyond Behavior Modification: A Cognitive- Behavior Approach to Behavior Management in the School](#) (Joseph Kaplan and Jane Carter)

[Cognitive-Behavioural Therapy for ADHD in Adolescents Adults: A Psychological Guide to Practice](#) (Susan Young and Jessica Bramham)

[Social Skills Training for Children and Adolescents with Asperger Syndrome and Social-Communication Problems](#) (Jed Baker and Brenda Smith Myles)