# Speech-Language Pathology



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## **Scheduling Options for Speech Therapy**

### **Recurrent Appointment Scheduling**

You are ready for your child to begin speech therapy now. Appointments will be scheduled at a specific day and time every week or every other week.

#### Pros

- Your appointments are scheduled in advance.
- You do not need to call us to schedule each appointment, once the time and day are determined.
- With regular attendance and consistent follow-up at home, you should see progress more immediately.

#### Cons

- Sometimes it is hard to commit to a regularly scheduled appointment due to other commitments and family factors.
- When other things come up during your regular appointment time, you will need to keep your appointment, unless it is an emergency or illness.
- Frequent cancellations or a "no-show" will cause you to lose your regularly scheduled appointments.

## Family Initiated Treatment (FIT) Appointment Scheduling

You are ready for your child to begin speech therapy now. You may schedule individual appointments each week at your convenience.

#### Pros

- You have some flexibility in scheduling your appointments.
- You can bring your child when it is convenient for you for that week.
- You can come as regularly as you and your speech-language pathologist feel is necessary.
- Your child can have the benefit of seeing more than one speech-language pathologist with various treatment approaches.

#### Cons

- You may not always see the same speechlanguage pathologist, although you can request a certain person.
- On occasion, an appointment for the week may not be available.

### **Therapy Later**

You are not ready for your child to begin therapy right away. You can let us know what month would work best for you to start therapy. In the meantime, we will give you information on how to work with your child at home.

#### Pros

- You can delay therapy until your schedule allows you to make a commitment to a specific appointment on a regular basis.
- You can begin working with your child at home before committing to formal therapy.

#### Cons

 Progress in resolving your child's difficulty will be delayed..

Do you have someone else who will be involved?
Will this person be able to provide support for practice and attendance?

What other information do you need to help with this decision?

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Pros	Pros	Pros
Cons	Cons	Cons

Do you have someone else who will be involved? Will this person be able to provide support for practice and attendance? What other information do you need to help with this decision?