



Course #6784

Compensatory Swallow Strategies and Rehabilitation Modalities during MBS

1. Which compensatory technique would be most appropriate to use for the deficit(s) demonstrated in Exam Video 1?

- A. Chin Down
 - B. Supraglottic Swallow
 - C. Head Turn
 - D. None of the above
-

2. Which compensatory technique would be most appropriate to use for the deficit(s) demonstrated in Exam Video 2?

- A. Left head turn
 - B. Supraglottic swallow
 - C. 3-second oral preparatory swallow
 - D. None of the above
-

3. Which compensatory technique would be most appropriate to use for the deficit(s) demonstrated in Exam Video 3?

- A. Liquid wash after solid
 - B. Chin down
 - C. Cough/reswallow
 - D. None of the above
-

4. Which compensatory technique would be most appropriate to use for the deficit(s) demonstrated in Exam Video 4?

- A. Dry swallow
 - B. Left head turn
 - C. Chin down
 - D. None of the above
-

5. Which compensatory technique would be most appropriate to use for the deficit(s) demonstrated in Exam Video 5?

- A. Chin down
 - B. Left head turn
 - C. Supraglottic swallow
 - D. None of the above
-

6. You would try chin down posture as a compensatory technique if you see which of the following on the MBS?

- A. Reduced UES opening
- B. Delayed airway closure
- C. Reduced base of tongue retraction

D. None of the above

7. You would try left head turn posture as a compensatory technique if you see which of the following on the MBS?

- A. Reduced base of tongue retraction
- B. Reduced lingual strength
- C. Unilateral pharyngeal wall weakness/residue
- D. None of the above

8. You would try increasing bolus viscosity as a compensatory technique if you see which of the following on the MBS?

- A. Reduced pharyngeal contraction
- B. Inability to control the bolus
- C. Reduced base of tongue retraction
- D. You should never thicken liquids

9. You would use the supraglottic swallow as a compensatory technique if you see which of the following on the MBS?

- A. reduced labial closure
- B. vallecular residue
- C. reduced airway closure
- D. None of the above

10. You would try the 3-second Oral Preparatory Swallow as a compensatory technique if you see which of the following on the MBS?

- A. Premature bolus loss
- B. Reduced base of tongue retraction
- C. residue on the floor of the mouth
- D. None of the above

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