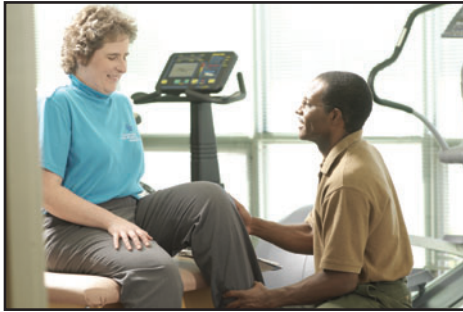




Banner Health

East Morgan County Hospital

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Brush, CO 80723
(970) 842-6200
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Rehabilitation Services

East Morgan County Hospital (EMCH) is committed to making a difference in people's lives through excellent rehabilitative care. The [Alonzo Petteys Rehabilitation Center](#) located at East Morgan County Hospital meets the rehabilitative needs of thousands of adult and pediatric patients each year.

An interdisciplinary team of health care professionals including physicians, nurses, therapists, case managers, dietitians, exercise specialists and numerous support staff work together to return patients to their highest level of function as quickly and safely as possible.

From general rehabilitation and post-operative therapies to supervised sports medicine and exercise programs, EMCH serves patients with an array of rehabilitation needs.

Additionally, hospital-based counseling, support services and integrative therapy programs work to address each patient's emotional, physical and vocational needs.

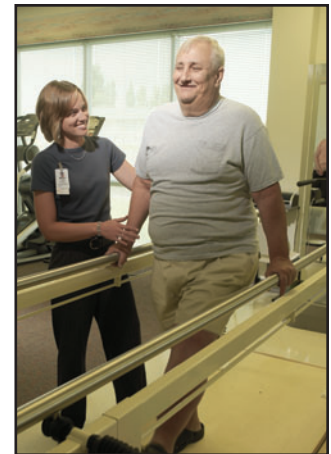
[Alonzo Petteys Rehabilitation Center](#)

Patients seek rehabilitative care for a number of reasons. For some, it is a continuation of a greater health care plan. For others, rehabilitation serves to address and improve specific deficits whether they are occupational, physical or speech related.

The Alonzo Petteys Rehabilitation Center at East Morgan County Hospital is a state-of-the-art facility offering an array of rehabilitation programs and services to meet the individual needs of each patient. Common rehabilitation therapies provided at the Center

include occupational, physical, speech and massage therapies.

Rehabilitation programs are coordinated by an interdisciplinary team of health care professionals including, but not limited to, physicians, rehabilitation nurses, psychologists, occupational, physical, DPT, and speech therapists, and therapy aides.



Additionally, the facility's 10,000-gallon warm water therapy pool, large gym, whirlpool room and dedicated pediatric gym make it an ideal venue for community fitness and independent exercise programs.

[Community Fitness Program](#)

The East Morgan County Hospital Community Fitness Program, located at the Alonzo Petteys Rehabilitation Center, is designed to help clients identify and achieve their individual fitness goals.

Sessions include one-on-one time with an exercise specialist to provide overall fitness education, a customized exercise regimen and the means to maximize the exercise plan.

Common goals of the Community Fitness Program include: Cardiovascular Training, Conditioning, Flexibility, Strength Training and Weight Loss.

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Our Mission: We exist to make a difference in people's lives through excellent patient care.

East Morgan County Hospital - *Rehabilitation Services*

Please call the Alonzo Petteys Rehabilitation Center at (970) 842-6239 for more information on the Community Fitness Program.

Independent Exercise Program

East Morgan County Hospital operates an Independent Exercise Program through the Alonzo Petteys Rehabilitation Center.

The Rehabilitation Center's full range of aerobic and strength training exercise equipment for the legs, upper and lower back, stomach, arms and more ensures participants have the means to accomplish their individual fitness goals in a self-paced and professional environment.

Program participants also have use of the facility's 10,000-gallon warm water pool ranging from 92 to 94 degrees.

Focused on illness and injury prevention commonly associated with a lack of physical fitness, the Independent Exercise Program helps participants realize such goals as: Strength, Flexibility, Endurance, Increased Work Capacity, and Decreased Anxiety and Depression.

East Morgan County Hospital's Independent Exercise Program is open to community members age 16 and up.

Please call the Alonzo Petteys Rehabilitation Center at (970) 842-6239 for more information on the Independent Exercise Program.

Sports Medicine

The EMCH Sports Medicine therapy department works closely with coaches from area middle and high schools on conditioning, injury prevention and treatment. Administered by a Doctor of Physical Therapy, the program provides sports training and conditioning expertise to ensure local athletes remain on the field and in the game, free of injuries.

A Sports Performance Enhancement Program, also administered by a Doctor of Physical Therapy, helps keep athletes in top physical shape using VertiMax equipment proven to increase speed, agility, intensity and stamina during competition.

Rehabilitation Services

East Morgan County Hospital offers a vast assortment of inpatient and outpatient rehabilitation services. From minor deficits to severe conditions affecting an individual's ability to live and function independently, the Alonzo Petteys Rehabilitation Center cares for patients with all levels of rehabilitative needs.

In addition to various exercise and fitness programs, the rehabilitation center offers such rehabilitation therapies as:

- **Occupational Therapy** to improve functional daily living skills including dressing, grooming and eating, as well as to improve motor, cognitive and social skills, and provide instruction in the use of adaptive equipment that may make daily tasks easier
- **Physical Therapy** to improve strength, flexibility and functional movement such as bed mobility, walking and balance, provide mobility evaluation and training, and provide instruction on the use of assistive devices, prosthetics and wheelchairs
- **Speech Therapy**, also referred to as speech pathology, which uses special techniques to help patients improve their verbal and non verbal communication skills, problem-solving abilities, concentration, memory and voice quality, as well as help patients improve their ability to safely eat and drink

Other rehabilitation services available through the Rehabilitation Center include:

- Massage Therapy
- Warm Water Therapy
- Work Care Services including:
 - Pre-placement Testing
 - Work Site Analysis
 - Functional Capacity Evaluations

Support & Education

East Morgan County Hospital understands the importance of a strong support system and provides an array of support and education resources and programs to complement the rehabilitative care patients receive.

Each patient is assigned a case manager who may assist in identifying financial resources, support groups and community resources to help round out their rehabilitative care.

For more information on rehabilitation services, the Community Fitness Program, Independent Exercise Program, or Sports Performance Enhancement Program, please call the Alonzo Petteys Rehabilitation Center at (970) 842-6239.