

Oral Stimulation Plan

Name: Kaidon

Date: 6/4/04

Setting an appropriate environment for stimulation is very important.

- Kaidon should be calm and alert.
- Provide stimulation only he is happy. If he becomes upset, stop and try again later.
- Provide a playful and fun environment- Try singing to calm, talking to him, playing with toys prior to and between stimulation. Help him learn that all of this going on near or in his mouth is fun.

Stimulation Techniques

- Using his hands, toys, or spoons to touch him on the cheeks and lips.
- Introduce all items (spoons, nuk brush, etc.) allowing Kaidon to see them first, then let him touch and play with them.
- Model bringing items to your mouth
- With toys, spoons, bottle nipple think about moving from:
 - Under his nose to the lip edges
 - From the chin up to the lip edges
 - Around the lips

Offering Tastes

- If Kaidon appears interested, offer small tastes of formula on pacifier, spoon or bottle nipple
- Offer the nipple empty first, then slowly tilt it up for him to extract tastes from the nipple.
- If he seems overwhelmed at any time, give him a break
- If he gags, give him time to calm. You can offer again, but respect his cues.
- Kaidon may show signs of disinterest such as head turning, closing eyes, becoming withdrawn or becoming upset. If he does this, please stop the trial.
- Watch for signs of aspiration including: coughing, watery eyes, wet vocal quality, increased congestion. If you notice these, stop the trial.

Contact your therapists with any questions. Thank you.