

Table 7.4

Complementary and Alternative Treatments Used by Families of Children with Autism	
Treatments	Examples
Dietary Treatments and Nutritional Supplements	<ul style="list-style-type: none"> • Vitamin B6/magnesium • Vitamins C and A • Dimethylglycine (DMG) • Megavitamins • Gluten and casein-free diet • Feingold diet • Hypoallergenic diet, cerebral • Ketogenic diet
Herbal Remedies and Homeopathy	<ul style="list-style-type: none"> • St. John's Wart • Ma Huang • Kava Kava
Biomechanical Therapies	<ul style="list-style-type: none"> • Patterning (Doman-Delacato) • Craniosacral therapy • Hold therapy (squeeze machine)
Alternative Uses of Biomedical Treatments	<ul style="list-style-type: none"> • Anti-fungal therapy • Secretin • Intravenous immunoglobulin, transfer factor • Famotidine (Pepcid®) • Chelation (DMSA, CMPA) & other detox agents
Other Treatments	<ul style="list-style-type: none"> • Music therapy • Rhythmic entrainment • Auditory integration training • Facilitated communication